



## ***Sequoia Yacht Club Junior Sailing Program Class Descriptions***

Students are encouraged to take each class until they feel comfortable with the skills learned in that class. All classes provide good sailing experience, so take the class that best fits your schedule.

### ***El Toro Beginners Program:***

This class focuses on safety, water and boat comfort, general boat usage, and of course FUN! Students will learn the basics of sailing: rigging, parts of the boat, sailing theory, tacking, jibing and docking. Body positioning and sailing techniques are also emphasized. This class is offered during the period of the day with the lightest wind, although wind conditions can and do vary.

### ***El Toro Intermediate: (Sail Trim)***

This class will focus on sail trim and boating safety. Knots are also reviewed in every class. Sailing will be in groups. Planning your sail, rules of the water way and other more advanced boating topics are covered. The 11:00am-1:00pm period often has more wind and sail trim is important in controlling the boat. Students are encouraged to have fun, and practice general sailing and sailboat racing.

### ***El Toro / Laser Intermediate: (Adventure)***

This class is for students that have demonstrated good sail trim and boat handling techniques, and can handle higher wind conditions comfortably. Travel in the Redwood City water way can present a variety of wind conditions. Students in this class will focus on getting the most out of the points of sail to get to a destination and return in a planned, orderly fashion. California State law allows students over 12 years old to man safety boats with an adult aboard, and safety boat handling will be included for students interested in this experience.

### ***Laser Intermediate:***

This class focuses on sail trim, boat handling and planning your sail by sailing around the local sloughs. Students in this class should be experienced with sailing in a variety of conditions. FUN is the primary aspect of all classes, but we take our sailing seriously since this is what keeps us safe and keeps things fun.

### ***General Sail Days:***

Students are encouraged to show up for general sail days. One free general sail day is included with each class, and additional days are \$10.00. Dates will be determined once the classes start. The more days spent on the water the better.

**All classes are limited to 7 students per class.**